

EST. DUBAI · DEIRA

Paramount Miami General Trading

Fresh produce, sourced direct. Vegetables, fruits and spices
graded, packed and delivered across the Emirates — daily.

WHOLESALE · RETAIL · HORECA · RE-EXPORT

2026 TRADE CATALOGUE



A produce partner built for volume, and judged on quality.

Paramount Miami General Trading works out of the Deira market in Dubai — the trading floor where the UAE's fresh produce actually changes hands. We buy at origin from growers in India, Sri Lanka, Kenya, Egypt and the Gulf, consolidate in Dubai, and move goods out the same day they land.

That short chain is the whole proposition. Fewer hands on the box means firmer produce, longer shelf life and fewer credit notes. Every consignment is sorted, graded and packed to the specification you agree with us — retail punnets, ten-kilo cartons or a full temperature-controlled container for re-export.



GRADED AT THE SOURCE



STAGE-PICKED FRUIT



SPICES FROM ORIGIN

DAILY

Fresh consignments

Arrivals are moved and dispatched the same day from our Deira base.

FLEXIBLE

Carton to container

A pallet for one restaurant or a full reefer for re-export — both work.

GRADED

Sorted to your spec

Size, colour, count and pack format agreed in writing before we load.

7 EMIRATES

Delivered cold

Temperature-controlled delivery across the UAE, seven days a week.

Exotic & Asian Vegetables

Hand-selected gourds and pods, cut to length and graded for uniformity — the lines Asian kitchens and specialty retailers reorder every week.



BITTER GOURD

Karela

Firm, deep-ridged,
uniform length



CLUSTER BEANS

Guar

Tender pods, snap-fresh,
low fibre



CUCUMBER

Madras

Crisp flesh, thin skin, even
calibre



RIDGE GOURD

Turai

Straight ribs, young,
unblemished



DRUMSTICK

Moringa

Long, straight,
snap-tested sticks



IVY GOURD

Tindora

Small, firm, bright-green
grade



SNAKE GOURD

Padwal

Straightened, pale-green,
tender



LADIES FINGER

Okra / Bhindi

Tip-tender, hand-picked
pods

Everyday Vegetables

High-rotation volume lines for supermarkets, hotel kitchens and catering — consistent size, consistent colour, every consignment.



LONG BEANS

Yardlong

Bundled, tender, uniform length



BRINJAL

Eggplant

Glossy purple, tight calyx



BUSH BEANS

French Beans

Straight, stringless, snap-fresh



PUMPKIN

Green

Dense flesh, long shelf life



CHOW CHOW

Chayote

Smooth skin, firm and pale



GREEN CHILLI

Bullet

Thick-walled, high heat



GOOSEBERRY

Amla

Hard, juicy, net-packed grade



PAPADI

Flat Beans

Broad, flat, young pods

Roots & Bulbs

Mesh-bag and container volumes, cured for storage and graded by size — the dependable staples behind every retail programme.



ONION

Red

Cured, tight skin, size-graded



SMALL ONION

Shallot / Sambar

Sorted calibre, deep colour



POTATO

Table Grade

Washed or field-run, graded

PACKING & HANDLING

Mesh & jute sacks

5, 10, 20 and 25 kg bags, size-graded and clearly marked.

Cartons & crates

Ventilated cartons or returnable crates for retail delivery.

Bulk & container

Palletised loads and full container quantities for re-export.

Fresh Fruits

Picked to the arrival window rather than the calendar — brix-checked and stage-graded so fruit lands ready for your shelf or your kitchen.



PINK GUAVA

Rosy flesh, aromatic, firm-ripe



WHITE GUAVA

Crisp bite, high yield per carton



PINEAPPLE

Golden crown, high brix



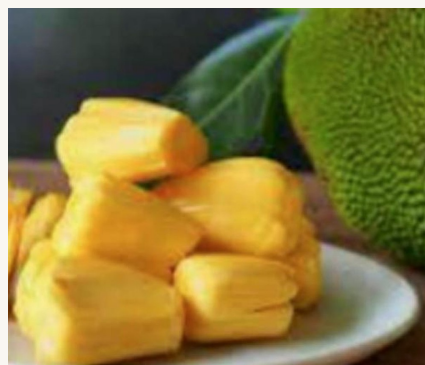
PAPAYA

Deep orange flesh, staged ripeness



POMEGRANATE

Heavy fruit, deep-ruby aril



JACKFRUIT

Whole or cleaned bulb packs



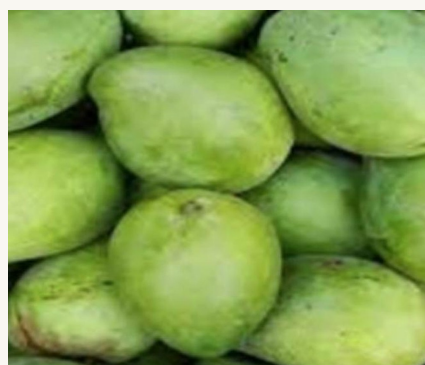
GRAPES

Tight bunches, black and green



MANGO

Season varieties, stage-graded



GREEN MANGO

Raw

Hard, high-acid, pickling grade

Spices

Whole and ground spices bought at origin, cleaned and moisture-checked — supplied in retail packs, bulk sacks or under your own label.



TURMERIC

Haldi

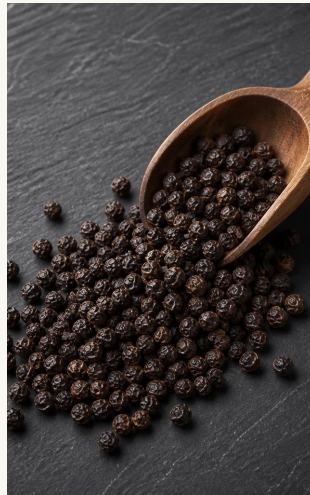
Whole finger and ground



RED CHILLI

Whole & Powder

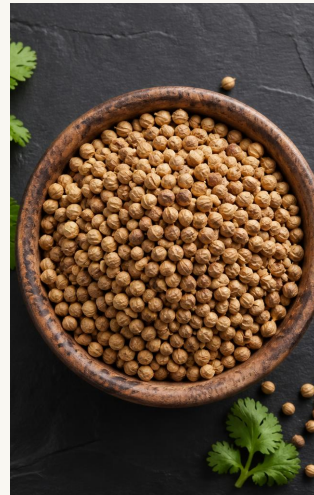
Sorted by heat and colour grade



BLACK PEPPER

Bold Berry

Cleaned, graded, high density



CORIANDER SEED

Dhania

Bright, aromatic, low dust



CUMIN SEED

Jeera

Machine-cleaned, 99% purity



GREEN CARDAMOM

Elaichi

Bold pods, sorted by size



CLOVES

Laung

Hand-picked, high oil content



CINNAMON

Quills & Bark

Rolled quills, broken bark

Four kinds of buyer, one standard of produce.

01 Wholesale traders & importers

Container and pallet volumes with full documentation, re-export support and standing weekly programmes.

02 Supermarkets & retail chains

Uniform grading, retail-ready packing and dependable daily replenishment for the produce aisle.

03 Hotels, restaurants & cafés

Chef-grade selection, early-morning delivery windows and standing orders by the case.

04 Catering & food processing

Bulk volumes to written specification, contract pricing and scheduled production drops.

HOW TO ORDER

1

Send your list

Item, grade, quantity and the delivery window you need.

2

Get a firm quote

Same-day pricing with pack format and availability confirmed.

3

Take delivery

Cold-chain dispatch to your door, or loaded for re-export.

GET IN TOUCH

Send us your list. We will quote today.

Paramount Miami General Trading

Fresh vegetables, fruits and spices — wholesale,
retail and HORECA supply across the United Arab
Emirates.

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